

Personal Information	
Name	
Mobile Number	
Phone Number	
Passport Number	
Date of Birth	
Blood Type	
Important Medical Information	
Office Contact	
Embassy Consulate Contact	

Communication Method	
Priority	Communication Means/ Protocol
(Example)	Means: 171 Protocol: Leave message at 03-xxxx-xxxx
1	Means: Protocol:
2	Means: Protocol:
3	Means: Protocol:
4	Means: Protocol:

Tell the world that you are safe and alive!
 Google Person's Finder <http://google.org/personfinder/>
 J-Anpi <http://anpi.jp/>
 Web 171 <http://www.web171.jp>

Family Contact Information	
Name:	
Phone Number:	
Passport Number:	
Date of Birth:	Blood Type:
Important Medical Information:	
Evacuation Procedures at School/Office:	

Name:	
Phone Number:	
Passport Number:	
Date of Birth:	Blood Type:
Important Medical Information:	
Evacuation Procedures at School/Office:	

Earthquake Best Practice	
Name:	
Phone Number:	
Passport Number:	
Date of Birth:	Blood Type:
Important Medical Information:	
Evacuation Procedures at School/Office:	

Name:	
Phone Number:	
Passport Number:	
Date of Birth:	Blood Type:
Important Medical Information:	
Evacuation Procedures at School/Office:	



Wanavi Japan

Earthquake Preparedness



www.wanavi.org



Wanavi.japan1



wanavi.japan2011

How to use NTT Disaster Message Dial 171

171

Kochira wa saigai yo
"Kochira wa saigai yo"



To Record
Dial 1

To Listen
Dial 2

Dial phone number

Push phone users
Dial 1

Record
Message
To Confirm
Dial 9 or
Hang up

Listen to
Message
To repeat, dial 8, to record
new message, dial 3

Message Capacity 1-20 messages (30 sec each)
 Messages will be stored until the system is deactivated
 171 is domestic use only but accessible from overseas at
<https://www.web171.jp/>

Where to Collect Information

Radio NHK No.2 693kHz, AFN 810 kHz
 Inter FM 89.7 MHz
 NHK Channel 1 (For English, press the
 Bilingual button "音声切替")
 JMA Homepage
<http://www.jma.go.jp/en/quake>

TV
 Web

When You Are in the Coastal Area

- Always check
- The height above sea level (ASL)
- The closest tsunami evacuation site/building
- Know that
- A quake lasting over 1 min has a high risk of causing a tsunami. Evacuate to higher ground immediately.





Earthquake Best Practice

Walking on a street

- Know that
- Asymmetric/unbalanced buildings are at higher risk.
- Go into a newer building to shelter-in-place
- Cover your head
- Stay away from glass

On a Train/Subway

- Know that
- Trains stop automatically for any earthquake over Shindo 4
- You may be asked to get out and walk
- Hold on tightly to handrails
- Face your travel direction
- Cover your head
- Wait for instructions

At a Department Store

- Know that
- Areas with fewer pillars/walls are dangerous
- Tips
- Cover your head
- Don't rush towards the exit
- Take cover near a pillar/stairway
- Stay away from glass

Make a Map of Your Neighborhood!



Temporary Gathering Site



Evacuation Area



Emergency Shelter



Support Stations



Hospitals



Gas Stations



Temporary Shelter for People Walking Home



Water Supply Point



Words and Phrases to Understand the Situation and Instructions



地震

Ji shin

Earthquake



震災

Shin sai

Disaster caused by earthquake



震度

Shin do

Seismic Intensity Scale



津波

Tsunami



震源

Shingen

Epicenter



避難

Hi nan

Evacuation



火災

Kasai

Fire



余震

Yoshin

Aftershocks

地震 火災 津波 避難 震度

Instruction Phrases	
(-e) Hinan-shi-te-kudasai Please Evacuate (to --)	(-ni) Keikai-shi-te-kudasai (-ni) Chuui-shi-te-kudasai Please be aware (of--)
(-ni) Kakure-te-kudasai Please Take Cover (Hide under--)	Ochitsui-te-kudasai Please stay calm
(-kara) Hanare-te-kudasai Please Stay Away (from --)	Hi o Keshi-te-kudasai Please put out the fire
(-kara) De-te-kudasai Please go outside (of --)	(-no) Osore ga arimasu There is a danger of -- occurring.
(-kara) De-naide-kudasai Please do not go outside (of --)	Shimpai (wa) Arimasen! No need to worry
	Anzen desu It's safe

Useful Japanese Sentences in Case of Disaster

NIGETE !
Get away from here!

ABUNAI !
Watch Out/ Danger!

TASUKETE !
Help!

My address is ____.
watashi no juusho wa ____ desu.
私 (わたし) の住所 (じゅうしょ) は ____ です。

Is the train (line) running?
Densha (sen) wa ugoite masuka.
電車 (でんしゃ) (線 (せん)) は
動 (うご) いていますか。

Where is the emergency shelter?
Hinanjo wa doko desuka.
避難所 (ひなんじょ) はどこですか。
evacuation area 避難場所 hinan basho/public
telephone 公衆電話 koushuu denwa/bathroom
トイレ toire/convenient store コンビニ konbini/
supermarket スーパー suupaa)

My family is now in ____.
watashi no kazoku wa ima ni imasu
私 (わたし) の家族 (かぞく) は今 (いま)
____ にいます。

How long will it take?
____ A kara ____ B made donokurai kakari
masuka.
____ A から ____ B までどのくらいかりますか。

Where is water distributed?
mizu wa doko de morae masuka
水 (みず) はどこでもらえますか。
food 食べ物 tabemono/milk powder 粉ミルク
kona miruku/blanks 毛布 moufu/diapers おむ
つ omutsu /milk bottle 哺乳瓶 honyuubin)

Is there anyone who speaks English?
eigo o hanaseru hito wa imasuka.
英語 (えいご) を話 (はな) せる人 (ひと) はいま
すか。

Is the bus to ____ running? ____ e iku basu wa
ugoite masuka
____ へいくバスは動 (うご) いていますか。

I don't feel well.
kibun ga warui desu.
気分 (きぶん) が悪 (わる) いです。

Please draw a map for me
chizu o kaite kudasai.
地図 (ちず) を書 (か) いてください。

Does this train/bus go to ____?
kono densha/basu wa ____ e ikimasuka.
この電車 (でんしゃ) /バスは ____ へ行 (い) き
ますか。

Please take me to the hospital.
Byooin e tsurete itte kudasai.
病院 (びょういん) へ運 (つ) れていって
ください。

Please show me the way to ____.
____ e no ikikata o oshiete kudasai.
____ への行 (い) き方 (かた) を教 (お
し) えてください。

I am injured.
kega o shite imasu.
怪我 (けが) をしています。

